


# August Specials, Weekdays 12pm – 8.00pm

Rolls or Sandwiches, *Add a mug of soup or hand cut chips for £1.95* £3.95  
White or Brown Rolls, Sliced Bread, Pita or Tortilla Wrap:

- Chicken Waldorf Salad
- Provençal Tuna Mayonnaise
- Brie, Mango Chutney & Baby Spinach 

Mozzarella, Sunblush Tomato & Basil Pesto Bruschetta  £5.95

Pearled Barley Salad with Apple, Pomegranate & Pine Nuts  £7.75

Poached Chicken, Asian Vegetable & Shittake Mushroom Laksa £8.25

A Malaysian curry with coconut milk, rice noodles & beansprouts seasoned with fresh coriander

Spaghetti with Artichokes, Black Olives & Cherry Tomatoes  £8.25

Whole-Wheat pasta tossed in onion, garlic & tomato served with fresh parmesan & basil with a side of garlic focaccia bread

Asian Barbecue Burger £8.50

6oz homemade burger flavored with hoisin sauce, onions, garlic, ginger & chilli topped with our Asian slaw and served with hand-cut chips & white or brown roll

Scottish Salmon Fillet with Rocket & Red Quinoa £9.25

Grilled salmon fillet served with red quinoa, chickpeas & raisins with tossed fresh rocket dressed in lemon & olive oil, topped with almonds & coriander

Drinks – Passion Fruit, Peach & Soya Slam Regular £2.80 / Large £3.80

Zesty summer smoothie packed with vitamins & minerals, a perfect thirst quencher

Coffee of the Month – Indonesian Mandheling Regular £1.60 / Large £1.80

A traditional volcanic and earthy Indonesian complemented by bittersweet chocolate and subtle cherry and raisin notes with a sassy and spicy finish adds to the balance of this full-bodied, yet mildly acidic coffee.

**2 Course, £11 Set Menu, last orders 7.30pm, 3 course £14.00**

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## Starters

- Homemade Soup, Home Baked Bread
- Mini Greek Mezze Plate
- Mozzarella, Sunblush Tomato & Basil Pesto Bruschetta
- Cheesy, Focaccia Garlic Bread

## Mains

- Indonesian Chicken or Veg Nasi Goreng
- Pearled Barley Salad with Apples, Pomegranate Seeds & Pine Nuts
- 6oz Big Jac or Veggie Burger & Hand Cut Chips
- Mediterranean Style Pasta with Artichokes, Black Olives & Cherry Tomatoes
- Fisherman's Basket & Hand Cut Chips

Desserts, made locally from Bean Around The World, served with Jersey Dairy Ice-Cream

- Belgium Apple Pie with Fresh Cream
- Hot Chocolate Fudge Cake
- Homemade Banoffee Pie

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