

February Specials, Weekdays 12pm – 8.00pm

Rolls or Sandwiches, *Add a mug of soup or hand cut chips for £1.95* £3.95
White or Brown Rolls, Sliced Bread, Pita or Tortilla Wrap:

- Michigan Cherry Chicken Salad
- Goats Cheese, Pepperonata & Rocket 🥕
- Thai Prawn & Salad

Spicy Mexican Refried Beans & Cheese Quesadillas 🥕 £4.25 / £7.25
With a side of chillies served with guacamole, sour cream & salsa verda

Mighty, Meaty Souper Stew (see the board for today's choice) £5.25

Warm Roasted Root Vegetable & Baby Spinach Salad 🥕 £8.50
Honey roasted with ciabatta croutons and a mustard vinaigrette topped with sunflower seeds

Wholemeal Spaghetti Puttanesca with Garlic Foccia Bread 🥕 £8.75
Olives, capers, anchovy's and garlic scented tomato sauce topped with freshly grated parmesan & rocket

Locally made Honey & Wholegrain Mustard Sausage Casserole £8.95
Jon Hackett sausages braised with peppers & thyme served with a creamy mash & seasonal vegetables

Homemade Smoked Trout Pie with a Golden Mash Potato Topping £9.25
With a dill & horseradish scented sauce served with seasonal vegetables

Seasonal Smoothie – Mixed Berry, Kale & Coconut Water £2.80 / Large £3.50
With raspberries, blueberries, banana, natural yoghurt & chia seeds. This super smoothie is packed with iron, fiber, vitamins A, C & K.

Coffee of the Month – Costa Rica Las Pivas Reg £1.60 / Large £1.80
Full bodied caramel based coffee with a natural sweetness & smooth finish

2 Course, £11 Set Menu, last orders 7.30pm, 3 course £14.00

Starters

- Homemade Soup, Home Baked Bread
- Mini Greek Mezze Plate
- Crab Cakes with Sweet Chilli Sauce
- Cheesy, Focaccia Garlic Bread

Mains

- Indonesian Chicken or Veg Nasi Goreng
- Roast Squash & Chilli Salad
- 6oz Big Jac or Veggie Burger & Hand Cut Chips
- Locally made Honey & Wholegrain Mustard Sausage Stew
- Fisherman's Basket & Hand Cut Chips

Desserts, made locally from Bean Around The World, served with Vanilla Ice-Cream

- Belgium Apple Pie with Fresh Cream
- Hot Chocolate Fudge Cake
- Freshly Made Waffles with Real Maple Syrup & Vanilla Ice-Cream