

January Specials, Weekdays 12pm – 8.00pm

Rolls or Sandwiches, *Add a mug of soup or hand cut chips for £1.95* £3.95
White or Brown Rolls, Sliced Bread, Pita or Tortilla Wrap:

- Bacon, Brie & Cranberry Sauce with Watercress
- Free Range Egg Mayonnaise with Chive & Mustard Dressing 🥕
- Chicken Waldorf Salad

Italian Antipasto Wrap £5.75
With Parma ham, mozzarella and sun-blushed tomatoes and a basil, cashew & parmesan dressing

Mighty, Meaty Souper Stew (see the board for today's choice) £5.25

Moroccan Chicken & Chickpea Stew Served with Fruited Couscous £8.50

Pearl Barley, Roast Squash, Avocado & Pomegranate Winter Salad 🥕 £8.75
Tossed in a herb salad & sprinkled with chopped hazelnuts

Minced Lamb, Aubergine & Lentil Moussaka £8.95
With a grilled Greek yoghurt & feta topping served with steamed veggies

Seared Salmon Fillet with White Beans and Fennel £9.25

Seasonal Juice – Detox Feel Good Juice
Cucumber, Spinach, Apple, Ginger & Coconut Water Reg £2.80 / Large £3.50

Coffee of the Month
Costa Rica 'Amapola' Reg £1.60 / Large £1.80
Sweet, Rich and Full bodied, packed with cocoa & chocolate flavours

2 Course, £11 Set Menu, last orders 7.30pm, 3 course £14.00

Starters

- Homemade Soup, Home Baked Bread
- Mini Greek Mezze Plate
- Crab Cakes with Sweet Chilli Sauce
- Cheesy, Focaccia Garlic Bread

Mains

- Indonesian Chicken or Veg Nasi Goreng
- Roast Squash & Chilli Salad
- 6oz Big Jac or Veggie Burger & Hand Cut Chips
- Moroccan Chicken & Chickpea Stew served with Fruited Couscous
- Fisherman's Basket & Hand Cut Chips

Desserts, made locally from Bean Around The World, served with Vanilla Ice-Cream

- Belgium Apple Pie with Fresh Cream
- Hot Chocolate Fudge Cake
- Fresh Baked Waffles with Vanilla Ice-Cream & Real Maple Syrup

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