

June Specials, Weekdays 12pm – 8.00pm

Rolls or Sandwiches, *Add a mug of soup or hand cut chips for £1.95* £3.95
White or Brown Rolls, Sliced Bread, Pita or Tortilla Wrap:

- Mediterranean chicken with black olives tapenade, tomatoes & artichoke
- Feta with beetroot, hummus & fresh rocket 🥕
- Prawn & lemon mayonnaise with ice-berg lettuce

Chipotle Black Bean & Grilled Prawn Quesadilla £7.25

Two grilled sandwiches of warm tortillas served with guacamole, sour cream & salsa picante

Mighty, Meaty Souper Stew (see the board for today's choice) £5.25

Spelt Wheat, Pear, Gouda Cheese & Watercress Salad 🥕 £8.25

Toasted Pecan, Mushroom & Bulgar Wheat Burger 🥕 £8.50

Served with a blue cheese sauce & fresh watercress, on a white or brown roll with hand-cut chips & Asian slaw

Portuguese Style Mussels Starter £5.95 / Main £8.95

Seasonal Mussels in a garlic, onion, fennel & paprika broth with chorizo sausage & kale served with hand-cut chips & homemade bread

Harissa Lamb, Red Onion & Red Pepper Kebabs £9.25

Served with fruited Couscous & our homemade tzatzki sauce

Seasonal Juice

Pineapple, Avocado & Apple Superfood Smoothie Reg £2.80 Large £3.60

Full of protein, fiber, vitamins & minerals with flax seeds, cucumber & fresh lime

Coffee of the Month

Burundi 'Mwuro' Medium Roast Reg £1.60 / Large £1.90

Dark cherry flavours, full bodied with a sticky sweetness

2 Course, £11 Set Menu, last orders 7.30pm, 3 course £14.00

Starters

- Homemade Soup, Home Baked Bread
- Mini Greek Mezze Plate
- Portuguese Style Mussels
- Cheesy, Ciabatta Garlic Bread

Mains

- Indonesian Chicken or Veg Nasi Goreng
- Roast Squash & Chilli Salad
- 6oz Big Jac or Veggie Burger & Hand Cut Chips
- Chipotle Black Bean & Grilled Prawn Quesadilla
- Fisherman's Basket & Hand Cut Chips

Desserts, made locally from Bean Around The World, served with Vanilla Ice-Cream

- Belgium Apple Pie with Fresh Cream
- Hot Chocolate Fudge Cake
- Fresh baked waffles with Vanilla Ice-Cream & Real Maple Syrup

mail@cafejac.co.uk / tel 879482 / facebook.com/cafejac