

Served  
Weekdays  
12pm - 8pm

MAY

SPECIALS



## Rolls or Sandwiches ..... £3.95

White or brown rolls, sliced bread, pita or tortilla wrap:

**Grilled Chicken, Mozzarella & Pesto**  
**Avocado, Rocket, Tomato & Hummus** 🥕  
**Tuna Mayo, Baby Spinach & Tomato**

Add a mug of soup or hand cut chips for ..... £1.95

## Chicken Cobb Wrap ..... £5.95

Warm tortilla with grilled chicken, crispy bacon, lettuce & blue cheese dressing

## Jersey Royal, Asparagus & Avocado Salad ✓ 🚫 ..... £8.95

With rocket, cherry tomato, pumpkin seeds & an olive oil, lime & cider vinegar dressing

Add Grilled Salmon Fillet £4.25 or Grilled Chicken Breast £3.95

## Tex-Mex Burger with Cajun Mayo 🥕 ..... £8.95

Our homemade burger with cajun spices, fried onions, grated cheddar & salad on a Portuguese or brown roll, served with hand-cut chips Add Jalapenos or a Fried Egg 60p

## Homemade Falafel, Beetroot & Goats Cheese Salad 🥕 ..... £8.95

With puy lentils, roasted butternut squash, watercress, toasted seeds & our homemade dressing

## Teriyaki Grilled Salmon Stir Fry 🚫 ..... £9.50

On stir fried bok choy, broccoli, peppers, mushrooms & leeks, sprinkled with Spring Onions & served with organic brown or white rice

### SEASONAL JUICE

#### Green Ginger Peach Smoothie

Reg **£2.95** / Large **£3.65**

With baby spinach, ginger, peach, honey & coconut water

### COFFEE OF THE MONTH

#### Cà Phê SĐa Đá (Vietnamese Coffee)

Reg **£2.25**

Single serve fresh brew coffee over sweet condensed milk, served hot or over ice