

# October Specials

12.00 – 8.00pm

## Rolls & Sandwiches £3.95

Home made white or granary rolls or sliced bread, with a choice of the following:

- Prosciutto, rocket, and nectarine grain mustard
- Tuna pesto mayo with roast peppers and rocket
- Hard boiled egg, cos, garlic mayo and tapenade

*Add a mug of soup or hand cut chips for £1.95*

Sandwiches also available in a soft tortilla wrap, whole meal pita pocket or sliced white or brown bread.

## Curried Sweet Potato, Chickpea & Spinach Roti £6.25

Served with a Kachumber salad and a yoghurt, mint and coriander dip

## Cumberland Sausages £6.75

With colcannon and a grain mustard gravy

## Gammon Steak with Grilled Pineapple £7.50

Home cooked and served with grilled tomato and hand cut chips

## Fish Pie £7.25

Salmon, haddock, prawns and hard boiled egg in a creamy sauce topped with mashed potato and served with a side of

## Potato Gnocchi with a Creamy £7.25

### Woodland Mushroom Sauce

Topped with a rocket and parmesan salad and served with foccacia garlic bread

## **Fresh Baked Waffles Topped with** (allow 10mins)

Banana, Caramel & Fresh Cream £3.75

Vanilla Ice cream & Real Maple Syrup £3.75

Nutella, Hazelnuts & Vanilla Ice-cream £4.50

Fresh Cut Tropical Fruits & Mango Sorbet £4.25

## Apple & Cinnamon Crumble £3.50

Topped with an organic Costa Rican sugar served with fresh cream or Vanilla Ice cream