

Served
Weekdays
12pm - 8pm

SEPTEMBER

SPECIALS



Rolls or Sandwiches £3.95

White or Brown Rolls, Sliced Bread, Pita or Tortilla Wrap

Turkey, Crispy Bacon & Avocado

Grilled Aubergine, Tomato, Rocket & Hummus 🥕

Spicy Prawns with Chipotle Mayonnaise 🥕

Add a mug of soup or hand cut chips for £1.95

Mediterranean Roast Veg Quesadillas with Pesto & Feta £7.95

Two soft warm tortillas served with sour cream, guacamole & salsa picante

Chicken, Asian Vegetable & Mushroom Laksa £8.75

A Malaysian curried broth with coconut milk, rice noodles, beansprouts & seasoned with corriander

Spicy Aussie Burger £8.95

6oz homemade burger with grilled pineapple, fried egg, beetroot, crispy bacon, cheese, salad & sweet chilli mayo on a white or brown roll with hand-cut chips

Naked Salmon Burger £9.25

with a Rocket & Avocado Salad and a side of Sriracha Mayo

SEASONAL JUICE

Avocado & Mango Superfood Smoothie

Reg **£2.90** / Large **£3.60**

...with chia seed and soya milk

COFFEE OF THE MONTH

Costa Rica Azalec

Reg **£1.65** / Large **£1.95**

Balanced, full bodied with hints of caramel & dark plum