

Served  
Weekdays  
12pm - 8pm

# SEPTEMBER

# SPECIALS



## **Rolls or Sandwiches ..... £3.95**

White or Brown Rolls, Sliced Bread, Pita or Tortilla Wrap

**Turkey, Crispy Bacon & Avocado**

**Grilled Aubergine, Tomato, Rocket & Hummus** 🥕

**Spicy Prawns with Chipotle Mayonnaise** 🥕

Add a mug of soup or hand cut chips for ..... **£1.95**

## **Mediterranean Roast Veg Quesadillas with Pesto & Feta ..... £7.95**

Two soft warm tortillas served with sour cream, guacamole & salsa picante

## **Chicken, Asian Vegetable & Mushroom Laksa ..... £8.75**

A Malaysian curried broth with coconut milk, rice noodles, beansprouts & seasoned with corriander

## **Spicy Aussie Burger ..... £8.95**

6oz homemade burger with grilled pineapple, fried egg, beetroot, crispy bacon, cheese, salad & sweet chilli mayo on a white or brown roll with hand-cut chips

## **Naked Salmon Burger ..... £9.25**

with a Rocket & Avocado Salad and a side of Sriracha Mayo

### SEASONAL JUICE

#### **Avocado & Mango Superfood Smoothie**

Reg **£2.90** / Large **£3.60**

...with chia seed and soya milk

### COFFEE OF THE MONTH

#### **Costa Rica Azalec**

Reg **£1.65** / Large **£1.95**

Balanced, full bodied with hints of caramel & dark plum