TABLE SERVICE ALSO APPLIES TO BOOKINGS OF 5 OR MORE

OUICK BITE -

BREAKFAST WINTER 2024 - 2025

ORGANIC PORRIDGE (Oat Milk) VG

£3,50

Toppings from 35p each: Banana, Blueberries, Honey, Maple Syrup, Nutella, Raspberries, Sultanas.

OVERNIGHT OATS VG

£7.50

Oats, Almond Milk, Cacao Nibs, Banana, Peanut Butter, Chia, Hazelnuts, Raspberries

GRANOLA, YOGHURT & FRESH FRUIT V

£8.50

EGGS ON TOAST V

£6.00

Fried, Scrambled or Poached On your choice of toast

BREAKFAST ROLL

£5.50

Two Fillings: Bacon, Sausage, Veggie Sausage, Black Pudding, Choice of Eggs, Tomato, Lettuce, Hash Brown, Grilled Courgette, Avocado

SMASHED AVOCADO ON TOAST VG

£7.50

Two Eggs (Fried, Scrambled, Poached) +£1.75 ADD Grilled Halloumi +£2.50

BUILDERS BREAKFAST BURRITO

£7.50

Cheese, Bacon, Sausage, Hash Brown and Scrambled Egg.

PANCAKES



Maple Syrup & Whipped Cream V

£8.75

• Add Bacon +£2.50

Nutella, Chocolate Sauce, Banana v

£9.25

Clementine Preserve, Ginger crumble, Cinnamon Sugar, Vanilla Cream, Gingerbread Svrup v

MEXICAN



& Whipped Cream

£10.50

Two Tortillas topped with Fried Eggs, Mixed Peppers and Cheese, Homemade Salsa, Avocado, and Jalapeños

TACOS



Flour Tortillas with Scrambled Eggs, Cheese, Coriander, Salsa, Sour Cream & Guacamole

> BACON £9.50 £9.50 VEGGIE SAUSAGE V

🗕 TOASTED TREATS 🚄 **TEA CAKES**

£2.50

£4.50

£10.95

Served with Butter

• Add Jam or Marmalade (Bonne Maman) +£0.50

HOT HOMEMADE BANANA BREAD

• Add Peanut Butter +£0.95

• Add Bonne Mamma Strawberry Jam +£0.65

MONTYS

Sorry, No Substitutions

FULL MONTY £10.95

Eggs (Fried, Poached OR Scrambled), Beans, Bacon, Tomato, Sausages, Hash Browns, Black Pudding, Unlimited Brown Toast

VEGGIE MONTY V

Eggs (Fried, Poached OR Scrambled), Beans, Grilled Courgette, Veggie Sausages, Potato Scone, Hash Browns, Tomato, Unlimited Brown Toast

BYO BREAKFAST £7.50

Choose any 4:

- Cumberland Sausage
- Bacon
- Veggie Sausage
- Beans
- Black Pudding
- Hash Brown
- Potato Scones
- Avocado +£1.50
- Grilled Courgette
- Halloumi +£2,50
- One Pancake with Syrup
- Toast (Brown **OR** Homemade Wholemeal)
- Eggs (Fried, Poached OR Scrambled)

OMELETTE \(\)



Plain V,GF

£9.75

Fillings from £1 each:

• Bacon, Sausage, Black Pudding, Veggie Sausage, Tomato, Cheese, Mushrooms, Avocado

CORNBREAD FRENCH TOAST



Homemade sweetcorn and polenta loaf, £7.50 fried in an egg coating served with spring onion and maple syrup

• Add Bacon

+£2.50

Add Halloumi

+£2.50

ALLERGEN ADVICE 🚂



Please be aware that our kitchen uses ingredients containing Celery, Cereals, Gluten, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Tree Nuts, Peanuts, Sesame Seeds, Soya and products that may contain Sulphur Dioxide.

If you have dietary requirements/food allergies please speak to a member of our friendly team before ordering and ask for our allergens menu for clarification.

If in any case your allergy is severe, please do not eat our food.



GLUTEN FREE TOAST AVAILABLE FOR ALL DISHES

HOT DRINKS

Alternative Milks & Syrups From .40p

FRESH FILTER COFFEE	£1.90	£2.60
ESPRESSO		£1.90
LATTE	£3.20	£3.50
CAPPUCCINO		£3.20
FLAT WHITE		£3.20
AMERICANO		£2.50
CORTADO		£2.60
HOT CHOCOLATE	£3.20	£3.50
WHITE HOT CHOCOLATE	£3.35	£3.75
MOCHA/WHITE MOCHA	£3.50	£3.95
CHAI LATTE	£3.40	£3.95
MATCHA LATTE	£3.40	£3.95
TURMERIC LATTE	£3.40	£3.95
TEA		£1.80
HERBAL TEA		£2.60
BAILEYS HOT CHOCOLATE	£6.25	
STEAMED MILK	£2.25	£2.75
BABYCCINO	£1.20	

CHILLED DRINKS

Add Cream or Syrups From .40p

ESPRESSO CARAMEL FRAPPÉ	£4.75
MOCHA FRAPPÉ	£4.95
CHAI FRAPPÉ	£4.50
ICED LATTE	£3.50
ICED MOCHA	£3.75
ICED AMERICANO	£2.75
ICED MATCHA	£3.85
VIETNAMESE ICED COFFEE	£3.75

	_	
Mimosa		£9.95
Bloody Mary		£9.95
Vanilla Espresso Martini		£9.95
Irish Hot Toddy		£6.50

	1	بال	
limosa			£9.95
Bloody Mary			£9.95
/anilla Espresso Martini			£9.95
Irish Hot Toddy			£6.50

SEASONAL SPECIALS



JERSEY DAIRY SHAKES £4.50

 Vanilla Strawberry

Apple, Ginger, Lemon, Tumeric, Black Pepper

- Chocolate Raspberry
- Banana • Hazelnut OR SF
- Passion Fruit Salted Caramel OR SF
- Coconut • Caramel OR SF • Espresso • Vanilla OR SF

SMOOTHIES £5.75

- Mango Refresher
- Mango, Banana & Orange Juice

• Raspberry Detox Raspberries, FlaxSeeds & Coconut Milk

Strawberry Zing

Strawberry, Pineapple & Orange Juice

- Blueberry & Banana
- Blueberries, Banana & Oat Milk

• Green Dream Mango, Banana, Spinach & Orange Juice

FRESH JUICES

£5.75

£2 56

£1.75

• Turmeric Root

Turmeric, Carrot, Apple, Orange Juice

Green Detox

Mint, Ginger, Lemon, Spinach, Cucumber, Apple

- Hot Red Head
- Ginger, Carrot, Orange Juice • Passion Fruit

Passion Fruit, Kiwi, Apple, Orange Juice

• Orange OR Carrot OR Apple

• Coke Diet Coke 7un Iro Bru

• Radnor 200ml Carton Juice

SOFT DRINKS

Coke, Diet Coke, 70p, 1111 blo	
• Fever Tree Tonic	£2.95
• Sparkling Water (33cl/75cl)	£3.95
• Still Water (33cl/75cl)	£3.95
Tango	£2.50
• Apple, Orange, Dark Berry	
Cowatan Draca	£2 95

• Apple, Rhubarb, Elderflower, Ginger

Juice

£1.95 • Apple, Orange, Cranberry

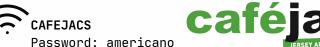


TABLE SERVICE ALSO APPLIES TO BOOKINGS OF 5 OR MORE

🗕 CLASSICS 🐙



LIGHT BITES -

£5.50 Served with our Homemade Wholemeal Bread

£4.50 CRISPY GARLIC BREAD V

• Add Cheese +£1

SOUP OF THE DAY VG.GF

HAND-CUT CHIPS VG, GF £2.75

• Add Cheese +£1

NACHOS V, GF

£9.75

Baked Tortilla chips with Homemade Salsa, Black Beans, Cheddar, Jalapeños, Coriander, served with Guacamole and Sour cream

• Add Chicken +£2.50

-SANDWICHES 🥢



CHIPOTLE PRAWN

£7.50

Greenland Prawns, Chipotle Mayo, Avocado, Baby Gem

• GREEK PITA V

Hummus, Spinach, Cucumber, Tomato, Pickled Onion, Grilled Halloumi

• CURRIED EGG v

Curried Aioli, Mango Chutney, Watercress

ROASTED TURKEY

with Smoked Streaky Bacon, Cranberry Sauce, Rocket

HOT WRAPS —



With hand cut-chips or salad

£8.95

FISHCAKE AND SWEET-CHILLI MAYO CHICKEN, CHORIZO AND GUACAMOLE 🍑 CHICKEN GOUJON AND PLUM SAUCE GRILLED HALLOUMI AND HUMMUS V



BURGERS



£13.50 **BIG JAC**

6oz Jersey Beef, Bacon, Cheese, Gherkin, Lettuce, Chipotle Mayo, Hand-cut chips

KOREAN CHICKEN BURGER

£13.75

Panko-Fried Chicken Fillet, Garlic Aioli, Asian Slaw, BBQ Sauce, Hand-cut Chips

VEGGIE BURGER V

£12.50

Veg & Lentil Burger, Homemade Salsa, Baby Spinach, Avo, Piquilo Pepper, Hand-cut chips

Add Cheese +.75p / Add Jalapeños

£9.50

Rice (White / Organic Brown +.50p), Black Beans, Peppers, Cheddar, Black Olives, Avocado, Coriander, Homemade Salsa, Spiced Tali Sauce, Sour Cream & Lime Wedge

CURED SALMON POKE BOWL

WHOLE FOOD BOWL V, GF

£11.50

Rice (White / Organic Brown +.50p), Nori, Salmon, Carrot, Avo, Cucumber, Chilli, Black Sesame, Coriander, Lime, Poke Sauce

NASI GORENG 🐸



£10.50

Fried Rice(White / Organic Brown +.50p) with Nasi Goreng paste, Leek, Mushroom, Mixed Peppers, topped with a soft fried egg, Tomato, Cucumber & Crispy Fried Onion

 Add Chicken • Add King Prawns

OUESADILLAS v

£9.95

Toasted Tortillas with Cheddar, Peppers, Olives, Scallions & Mexican Dips

• Add Grilled Chicken +£2.50 Add Jalapeños +£1.25

SMASHED AVOCADO ON TOAST V

£7.50

+£2.50

+£4.50

ADD Fried eggs +£1.75 , Halloumi +£2.50

CIABATTA STEAK

£14.95

6oz Sirloin steak, Rocket, Caramelised onion, Jersey Tomato, Hand-cut Chips

• Add Cheese +£1

CHICKEN TENDERS & CHIPS

£11.95

With a Rocket and Balsamic Garnish with a choice of Plum, Sweet Chilli or BBQ Sauce

CAESAR SALAD V

£10.95

Chopped Baby Gems coated in Ceasar Dressing topped with Anchovy (Optional), Boiled egg, Garlic croutons and Grated parmesan

 Add Chicken +£2.50

• Add King Prawns +£4.50

PRAWN LINGUINI 🐸

£14.95

Greenland & Tiger Prawns, Garden Peas, Ginger, Garlic, Chilli and Jersey Butter topped with Rocket and Parmesan

ALLERGEN ADVICE =

Please be aware that our kitchen uses ingredients containing Celery, Cereals, Gluten, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Tree Nuts, Peanuts, Sesame Seeds, Soya and products that may contain Sulphur Dioxide.

If you have dietary requirements/food allergies please speak to a member of our friendly team before ordering and ask for our allergens menu for clarification.

If in any case your allergy is severe, please do not eat our food.

- SPECIALS

£13.95 THAI MOULES

Fresh Mussels, steamed in a Thai Red coconut, lemongrass and ginger broth with fresh coriander, Homemade Bread and lemon

• Add Hand cut Chips +£2.50

KATSU CHICKEN CURRY

£13.95

£13.95

Chicken Schnitzel, steamed Basmati rice, Sesame Greens, Naan, Homemade Katsu Sauce

JERSEY PLOUGHMAN'S

Brooklands Farm Ham, Homemade pickled onion, Jersey cheese, Piccalilly, Fruit chutney, Jersey Tomato, Jersey Butter and Homemade Bread

HAM, EGG AND CHIPS

£12.95

Grilled Brooklands Ham, Fried Free Range Eggs, dressed Greens, Chutney, Hand-cut chips

CHICKPEA AND HALLOUMI CURRYV £13.95

Mild tomato and coconut-based Curry with Chickpeas, Halloumi, Red Chilli, Bok Choy, Garlic Naan, Basmati Rice and Poppadum

VEGGIE CHILLI £13.50

Spicy Sweet Potato & Black Bean chilli, Sliced Avocado, fresh coriander, Tortilla Chips and Sour Cream

FISH '

£14.95 SALMON

Grilled Salmon, Sesame Greens, Steamed Basmati, Teriyaki Sauce

FRIED FISH BASKET

£13.95

Scampi, Grilled King Prawns, Calamari, Filo Prawns, Fish Cake, Plaice Goujons, Hand-Cut Chips & Homemade Tartar Sauce

- SIDES

• Fresh / Grilled Prawns	£4.50
• Grilled Halloumi	£2.50
 Steamed Vegetables 	£3.50
• Rice (White / Brown +.50p)	£2.50
 Homemade Wholemeal Bread 	£2.75
• Fried Egg x 2	£1.75

BEERS

DRAUGHT	HALF PINT	SCHOONER	PINT	JUG
 MORETTI 	£2.95	£4.50	£5.95	£10.25
 CAMDEN 	£3.25	£4.75	£6.25	£10.95

BOTTLED BEERS FROM £4.50 PLEASE SEE ALCOHOL FRIDGE AT BAR

ALCOHOL-FREE

• SAN MIGUEL / ESTRELLA	£4.2
• BD PUNK IPA	£5.2

CIDERS

BOTTLED			
 REKORDERLIG STRAW 	WBERRY/LI	ME 4 %	£6.75
• INCH'S 4.5 %			£5.95
 OLD MOUT PINEAPPL 	_E/RASPBE	RRY 4 %	£6.25
• THATCHERS ROSÉ 4 9	6		£5.95
• THATCHERS BLOOD (DRANGE 4%	í	£5.95
 MAGNERS 4.5% 			£6.50
• VAL DE RANCE 4%			£8.25
ALCOHOL-FREE			
• OLD MOUT BERRIES	& CHERRI	ES	£5.95
 GALIPETTE 			£3.95
WHITE WINE	175ml	250ml	750ml
CHARDONNAY	£4.95	£6.85	£19.75
PINOT GRIGIO	£5.95	£8.30	£22

SAUVIGNON BLANC	£6.25	28.60	£25
RED WINE	175ml	250ml	750ml
SYRAH	£4.95	£6.85	£19.75
MALBEC	£5.95	£8.30	£23.75
RIOJA			£26

ROSÉ WINE	175ml	250ml	750ml
WHITE ZINFANDEL	£5.50	£6.85	£19.2
PINOT GRIGIO ROSÉ	£6.25	£8.50	£2!

PROSECCO BRUT OR ROSE

750ml IL CAGGIO £7.95 £25

■ DESSERTS ADD WHIPPED CREAM OR THE CREAM \$1 56

1.5
5
0
5
5
0
0
0
0
ิด

ALL CAKES ARE SUBJECT TO AVAILABILITY, PLEASE SEE CAKE FRIDGE